

RAK'S HERALD



YOUR MONTHLY DOSE OF ENTERTAINMENT

🔥 P.S. DON'T BLAME US IF THE FINE PRINT LOOKS LIKE ANCIENT HIEROGLYPHICS, UNLESS YOU'VE GOT SUPERHERO VISION, HIT THAT ZOOM BUTTON LIKE YOUR SANITY DEPENDS ON IT!

OCTOBER WAS THE CREEPIEST MONTH! EXAMS WERE SPOOKY, DANDIYA NIGHT DANCES 🪔 WERE EPIC, AND HALLOWEEN? SPINE-CHILLING (BRR!). WE HAD EXAMS, DIWALI CELEBRATIONS, SPOOKY OUTFITS AND CHEMICAL REACTIONS. GUESS WHAT? WE'VE ROUNDED UP ALL THE KEY HIGHLIGHTS FROM THIS MONTH! KEEP READING... IF YOU CAN HANDLE A FEW JOKES, WORD SEARCHES, OR EVEN EXAM RESULTS (JUST KIDDING MOST OF US CAN'T EVEN THINK OF IT!).

PAINT EVERYWHERE!

THIS OCTOBER, THE ART ROOMS AT RAK'S WERE FILLED WITH COLOUR, ENERGY, AND CREATIVITY. OUR IGCSE LEARNERS EXPLORED THEMES SUCH AS GROWTH AND DECAY, ABOVE AND BELOW, AND DREAMS. THE WALLS CAME ALIVE WITH PAINTINGS THAT MIXED IMAGINATION AND MEMORY, SHOWING HOW ART CAN MAKE US SEE THE WORLD IN NEW AND SURPRISING WAYS.

REMINDER

DISAPPOINTING RESULTS CAN STING, BUT THEY DON'T DEFINE YOUR POTENTIAL, THEY JUST SHOW WHERE YOU ARE RIGHT NOW. INSTEAD OF DWELLING ON THEM, LET THEM FUEL YOUR GROWTH. REAL PROGRESS COMES FROM REFLECTION AND CONSISTENT EFFORT, NOT PERFECT OUTCOMES. EVEN CALCULATORS SHOW "ERROR" SOMETIMES BUT THEY KEEP WORKING. BE PATIENT WITH YOURSELF, KEEP SHOWING UP, AND LET EACH SMALL STEP BUILD A COMEBACK STRONGER THAN THE SETBACK. REMEMBER AS THE BHAGAVADGITA SAYS YOU HAVE A RIGHT TO THE ACTION, BUT NEVER TO THE FRUITS OF THE ACTION.



BUSINESS STUDIES AT RAK'S

OUR HIGH SCHOOL BUSINESS STUDIES LEARNERS RECENTLY VISITED THE GLOBAL START-UP EXPO AT THE CODISSIA TRADE FAIR CENTRE, JUST DOWN THE ROAD. AT THE EXPO, STUDENTS HAD THE CHANCE TO SPEAK DIRECTLY WITH START-UP FOUNDERS. THESE CONVERSATIONS GAVE THEM REAL INSIGHT INTO WHAT IT TAKES TO START AND GROW A BUSINESS. THIS EXPERIENCE HELPED STUDENTS CONNECT WHAT THEY'VE LEARNED IN THE CLASSROOM WITH HOW THINGS WORK IN THE REAL WORLD. INSTEAD OF JUST READING ABOUT BUSINESS CONCEPTS, THEY SAW THEM IN ACTION ALLOWING THEM TO BRIDGE THE GAP BETWEEN TEXTBOOK THEORY AND HANDS-ON PRACTICALS. BIG SHOUTOUT TO NAVYA, MS THELMA AND MS SUDHA FOR ORGANISING THIS OPPORTUNITY!

BREAK YOUR BRAIN

WHAT IS ALWAYS IN FRONT OF YOU,
BUT CAN'T BE SEEN?

I CAN BE CRACKED, MADE, TOLD AND
PLAYED. WHAT AM I?

ANSWERS AT THE TOP OF PAGE 4!

GANDHI JAYANTHI - OCT 2

MAHATMA GANDHI, BORN ON OCTOBER 2, 1869, WAS A MAN OF MANY SURPRISES. HE WALKED ABOUT 18 KILOMETERS EVERY DAY AND WAS NOMINATED FOR THE NOBEL PEACE PRIZE FIVE TIMES BUT NEVER WON. HE EVEN TRIED LIVING ONLY ON FRUITS AND NUTS. THIS GANDHI JAYANTHI, WE REMEMBER HIS SIMPLE LIFE, TRUTH, AND SELF-DISCIPLINE.

WHAT'S TRENDING...?

MOVIE - 'LILO AND STITCH' 🦋

VIDEO GAME -- 'MINECRAFT' 🪛

SONG -- 'JUMP' 🎵

BAND - 'ENHYPEN' ❤️

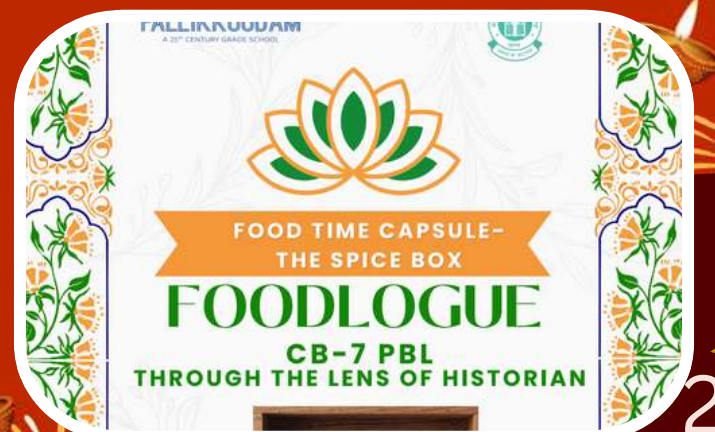
MAKE - UP -- CHARLOTTE TILBURY 💄

CUISINE - ITALIAN 🍝



NAAN-STOP LEARNING!

THE GRADE 7 PBL PROJECT "FOODLOGUE" TURNED CLASSROOMS INTO KITCHENS AND MADE LEARNING COME ALIVE WITH THE SMELLS AND TASTES OF HISTORY. STUDENTS EXPLORED HOW INDIAN CUISINE HAS GROWN AND CHANGED OVER THE YEARS THROUGH TRADE, SCIENCE, TRAVEL, AND SOCIAL CHANGE. THEY LEARNED THAT FOOD IS NOT ONLY SOMETHING WE EAT BUT ALSO A PART OF OUR IDENTITY, CULTURE, AND CREATIVITY. THROUGH THIS PROJECT, STUDENTS DISCOVERED HOW COOKING, HISTORY, AND INNOVATION COME TOGETHER TO TELL THE STORY OF INDIA.



THE CALL OF THE DANCE FLOOR!

DANDIYA NIGHT WAS A JOYFUL CELEBRATION FILLED WITH MUSIC, DANCE, AND LAUGHTER. THE EVENING BEGAN WITH GREAT EXCITEMENT ON THE TENNIS COURT, AND EVEN WHEN RAIN INTERRUPTED THE FUN, EVERYONE'S SPIRIT STAYED HIGH AS WE MOVED BETWEEN THE BADMINTON COURT, OUTDOORS, AND FINALLY TO THE LUNCH HALL. ENERGETIC DJ BEATS, DELICIOUS FOOD, AND BEAUTIFUL DANCE PERFORMANCES MADE THE NIGHT TRULY SPECIAL. WE'RE DEEPLY GRATEFUL TO EVERYONE WHO JOINED AND HELPED MAKE THE EVENT SUCH A SUCCESS. THANKS TO YOUR ENTHUSIASM AND SUPPORT, THE SCHOOL RAISED FUNDS TO IMPROVE THE HEALTHCARE OF OUR HARDWORKING NANNIES, COOKS, BHAIYAS, AND DRIVERS. DANDIYA NIGHT WAS NOT JUST A CELEBRATION OF DANCE AND CULTURE, BUT ALSO A HEARTFELT WAY TO GIVE BACK TO THOSE WHO CARE FOR US EVERY DAY.



BUBBLES, YAY!

THIS WEEK, OUR CA4 LEARNERS EXPLORED THE WORLD OF CHEMISTRY THROUGH A HANDS-ON EXPERIMENT CALLED "MAKING A GAS." BY MIXING BAKING SODA AND VINEGAR, THEY OBSERVED BUBBLING CAUSED BY THE RELEASE OF CARBON DIOXIDE (CO₂), LEARNING HOW CHEMICAL REACTIONS CAN CHANGE THE STATE OF MATTER. THE EXPERIMENT ALSO HELPED THEM UNDERSTAND THE PROPERTIES OF SOLIDS, LIQUIDS, AND GASES, THAT MATTER CAN CHANGE FORM BUT STILL EXISTS, AND HOW VISUAL CLUES LIKE BUBBLING INDICATE GAS FORMATION.



A QUICK GAME...

A SPOOKY WORDSEARCH JUST FOR YOU...

H	D	N	S	G	H	G	A	Q	D
A	Y	P	Z	R	J	A	W	E	K
L	S	G	U	K	O	D	U	S	C
L	S	A	B	M	M	G	E	N	I
O	P	S	C	K	P	X	R	W	T
W	I	T	C	H	L	K	O	E	S
E	D	R	A	O	D	L	I	K	M
E	E	I	N	X	F	O	F	N	O
N	R	C	D	D	F	F	O	N	O
Z	F	K	Y	D	E	V	I	L	R
G	C	A	U	L	D	R	O	N	B

LET'S INTERVIEW A TEACHER!

THE VICTIM THIS TIME IS MS. SHARIN!

1. WHAT'S ONE TEACHING MOMENT YOU'RE ESPECIALLY PROUD OF?

THERE'S A SPECIAL JOY IN WATCHING CURIOSITY COME ALIVE — THAT MOMENT WHEN A SHY STUDENT FINALLY SPEAKS UP OR TAKES A CREATIVE RISK THAT SURPRISES EVEN THEM. THOSE ARE THE MOMENTS I TREASURE MOST. THEY REMIND ME THAT TEACHING IS REALLY ABOUT SPARKING JOY IN LEARNING — LAUGHTER, CURIOSITY, AND CONFIDENCE.

2. WHAT DREW YOU TO TEACH AT RAK'S PALLIKKODAM?

RAK'S PALLIKKODAM HAS THIS WONDERFULLY PROGRESSIVE SPIRIT — IT VALUES REFLECTION AND CURIOSITY OVER ROTE LEARNING. WHAT DREW ME MOST WAS ITS AUTHENTICITY: IT'S A PLACE WHERE TEACHERS CAN BRING THEIR WHOLE SELVES TO CLASS AND WHERE LEARNING FEELS ALIVE, CREATIVE, AND FULL OF HEART.

3. IF MONEY AND TIME WERE NO OBJECT, WHERE WOULD YOUR DREAM VACATION TAKE YOU?

THAT'S A TOUGH CHOICE! I'D LOVE TO WANDER THROUGH KYOTO'S PEACEFUL TEMPLES, CHASE THE NORTHERN LIGHTS IN ICELAND, GET LOST IN TUSCANY'S ART AND FOOD, AND MARVEL AT MICHELANGELO'S BREATHTAKING PAINTINGS IN VATICAN CITY. EACH ONE FEELS LIKE A WORLD OF INSPIRATION WAITING FOR ME.

4. IF YOU HAD EYES AT THE BACK OF YOUR HEAD, WHAT CLASSROOM MISCHIEF WOULD THEY SPY?

PROBABLY A FEW TINY REBELLIONS OF CURIOSITY — SOMEONE PEEKING AHEAD IN THE TEXTBOOK, OR PASSING A SECRET NOTE. AND MAYBE THOSE DAYDREAM MOMENTS TOO, WHEN A STUDENT'S FARAWAY LOOK MEANS A STORY IDEA IS QUIETLY BEING BORN. I LIKE THOSE LITTLE SPARKS — THEY TELL ME IMAGINATION'S AT WORK.

DIWALI DHAMAKA

WHO SAYS EXAMS AND FUN CAN'T MIX? WE SHOWED UP IN OUR BRIGHTEST ETHNIC OUTFITS, READY TO SHINE (AND MAYBE SNEAK IN SOME LAST-MINUTE STUDYING). THE MUSIC WAS BLASTING, AND SOMEHOW EVEN THE EXAM PAPERS LOOKED HAPPIER! TO ADD ON, IT WAS MS. SWETHA'S BIRTHDAY, WHICH MADE THE DAY EVEN MORE EXCITING AND JOYFUL! BY THE END OF THE DAY, WE WERE ALL LAUGHING, STICKY-FINGERED, AND FULL OF SUGARY JOY FROM THOSE DELICIOUS LOLLIES.



FUN EXAMS?

GRADE 8 STUDENTS DID AN EXPERIMENT TO SEE HOW THE AMOUNT OF CARBON DIOXIDE AFFECTS HOW FAST PHOTOSYNTHESIS HAPPENS. THEY WATCHED HOW MANY OXYGEN BUBBLES CAME OUT OF A WATER PLANT. EACH GROUP USED A WATER PLANT AND ADDED DIFFERENT AMOUNTS OF BAKING SODA (SODIUM BICARBONATE) TO THE WATER. THEY PUT THE PLANT IN SUNLIGHT AND COUNTED HOW MANY BUBBLES CAME OUT EVERY MINUTE. THIS HELPED THEM UNDERSTAND HOW FAST PHOTOSYNTHESIS WAS HAPPENING AND WHAT THINGS CAN CHANGE THE RATE. THEY USED WHAT THEY LEARNED IN SCIENCE TO EXPLAIN WHAT THEY SAW.

COSTUME GALORE 🎃

ON THE 31ST OF OCTOBER, THE SCHOOL TURNED INTO A SPOOKY FASHION SHOW! THERE WERE WITCHES FLYING AROUND, CATS EVERYWHERE, ANGELS TRYING TO LOOK INNOCENT, AND GHOSTS BUMPING INTO WALLS. AND LET'S NOT FORGET THE SERIAL KILLERS (THE FAKE ONES... TOTALLY 😊). EVEN THE JUNIORS HAD THEIR OWN HALLOWEEN CELEBRATION, RUNNING AROUND LAUGHING. THE WHOLE SCHOOL WAS IN A HAPPY, SPOOKY MOOD. TEACHERS TRIED TO ACT SERIOUS, BUT YOU COULD TELL THEY WERE ENJOYING THE FUN TOO. FROM SCARY TO SILLY, EVERYONE LOOKED AMAZING. IT WAS A DAY FULL OF COSTUMES, CANDY, AND CHAOS. BEST HALLOWEEN EVER!

BOOKS

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LIVRE

DID YOU KNOW.....?

1. A SHRIMP'S HEART IS IN ITS HEAD.
2. BANANAS ARE RADIOACTIVE
3. NEWBORN BABIES ARE COLORBLIND.
4. ALMONDS BELONG TO THE PEACH FAMILY.
5. PEOPLE CAN FART AFTER THEY DIE.
6. AN OSTRICH EYE'S IS BIGGER THAN ITS BRAIN.
7. NOMOPHOBIA: THE FEAR OF NO PHONES.
8. US COINS USED TO SAY: MIND YOUR BUSINESS
9. FRENCH FRIES ARE BELGIAN, NOT FRENCH.
10. SCOTLAND'S NATIONAL ANIMAL : UNICORNS

CALLING ALL ASPIRING WRITERS AND STORYTELLERS!

WE'RE LOOKING FOR ENTHUSIASTIC LEARNERS IN GRADES 6-10 TO JOIN OUR RAK'S HERALD JOURNALISM TEAM! TO APPLY, WRITE A SHORT 100-WORD ARTICLE ON ANY TOPIC FROM THIS ISSUE OF THE NEWSLETTER (THINK OF IT AS YOUR JOURNALISTIC DEBUT)! NO DEADLINES...

SUBMIT A HARD COPY TO NAEYA. GOT QUESTIONS? SWING BY CA-8A AND TALK TO NAEYA. WE'RE HERE TO HELP. NO PRESSURE. NO STRESS. JUST A FUN CHANCE TO SHINE, CREATE, AND BE HEARD!

FROM THE EDITOR'S DESK

HEY EVERYONE! OCTOBER HAS BEEN BUZZING WITH DANCES, HALLOWEEN EXCITEMENT, SLC PREP, AND EXAM RESULTS SLOWLY MAKING THEIR SPOOKY ENTRANCE. 🦇

WE'VE LOVED CREATING THIS NEWSLETTER AND WOULD BE THRILLED TO HAVE MORE CREATIVE MINDS JOIN US. IF YOU ENJOY WRITING, JOKING, SNAPPING PHOTOS, OR SHARING IDEAS, THE NEWSLETTER TEAM IS WAITING FOR YOU!

-- NAEYA SATHEESH, CA-8A

A COMIC FOR YOUR THOUGHTS



WORLD MENTAL HEALTH DAY

ON WORLD MENTAL HEALTH DAY (OCTOBER 10), WE SHOWED OUR COMMITMENT BY LAUNCHING OUR WEEKLY WELLNESS HOUR, A SPECIAL TIME EVERY FRIDAY FOR RELAXING, BEING CREATIVE, AND CONNECTING WITH OTHERS. WE STARTED THE DAY WITH A MEANINGFUL ACTIVITY: TWO TREES, ONE FOR HOPE AND ONE FOR GROWTH, WHERE KIDS AND MENTORS WROTE THEIR THOUGHTS AND FEELINGS ON COLORFUL PAPER LEAVES. THESE LEAVES, FILLED WITH MESSAGES OF KINDNESS, GRATITUDE, DREAMS, AND EMPATHY IN MANY DIFFERENT LANGUAGES, WERE ADDED TO THE TREES, CREATING A BEAUTIFUL DISPLAY OF OUR SHARED SPIRIT AND CARE FOR EACH OTHER.

OUR TEAM

WITH PERMISSION FROM MS.
SWETHA KRISHNAMOORTHY AND MR
MICHAEL PURCELL

EDITORIAL MENTOR - **MS BRINDHA**
EIC - **NAEYA SATHEESH**

WOW! THAT WAS A LOT OF NEWS! WASN'T THAT EXHAUSTING? ANYWAY, REST WELL FOR NOVEMBER'S HIGHLIGHTS, THERE IS GOING TO BE A LOT MORE!